

# The 'UNCH' Side of Brunch

All sandwiches and burgers are served with your choice of fries or green salad!



**B.L.A.T. RUCKEE**  
Born at Squeeze In in Truckee, CA in 1974...Crispy bacon, mayo, romaine lettuce, avocado and sliced tomato on perfectly toasted sourdough bread. Served with a side of fries – 17.99  
**Pro Tip:** Looking for a club? Add turkey breast – 3.99

**GRANDPA MARVIN'S FRENCH DIP**  
Dude...The classic French dip sandwich...A soft French roll piled high with roast beef and melted Swiss cheese. Served with a side of French fries – 17.99  
**Pro Tip:** Step it up with grilled onions and avocado! – 4.99

**THE WILD WESLEY SALAD WRAP**  
The best of the southwest...Grilled chicken breast, black beans, shredded Jack & cheddar cheese, fresh-cut romaine lettuce, avocado, tomatoes, homemade pico de gallo and red onions wrapped in a jumbo flour tortilla. Served with a side of fries – 17.99



THE WILD WESLEY WRAP

Want it gluten-free? We can make it a lettuce wrap!

## THE BOSS BURGER\*

The boss is in the building... A seasoned grilled hamburger on a **brioche** bun topped with Swiss cheese, premium bacon, sautéed mushrooms and avocado. Served with romaine lettuce, fresh-cut tomatoes and sliced red onions with a side of French fries – 19.99



THE BOSS BURGER

## CLASSIC CHAD BURGER\*

Keep it classic when you order our seasoned hamburger on a **brioche** bun topped with cheddar cheese, fresh-cut tomatoes, lettuce and sliced red onion! Served with a side of fries – 18.49  
**Pro Tip:** Keep it on the sunny side and add a fried egg – 2.49



CLASSIC CHAD

Spice up your Lunch with a Michelada!



THE WILD WHITNEY

## Huge FRESH SALADS

**DRESSINGS!**  
Homemade buttermilk ranch, bleu cheese or balsamic vinaigrette

**THE BLEU MOON**  
That's why they call it the bleus...Grilled chicken breast, bleu cheese crumbles, crispy bacon crumbles, diced red bell peppers and red onions served on a bed of fresh-cut romaine lettuce with your choice of dressing. Served with **garlic cheese toast** – 19.99

**THE WILD WHITNEY**  
Your new zesty bestie...Fresh-cut romaine topped with grilled chicken, black beans, shredded Jack & cheddar cheese, avocado, tomatoes, red onions, homemade pico de gallo and tortilla strips with your choice of dressing. Served with red salsa and our signature **garlic cheese toast** on the side! – 19.99

## LITTLE Squeezers

Ages 10 and under. In our family, we have lots of littles running around and know it isn't always the easiest to go out to eat as a family! That's why we've made it easy to please your little squeezys with this fun menu that includes their beverage of choice.

**TOMMY'S TEDDY BEAR PANCAKE**  
A bear-shaped pancake with ears and smiley face made out of fresh fruit – 10.99



### THE LITTLE SQUEEZER\*

For our egghead-in-training: one egg served any style, bacon or sausage, a side of spuds and sourdough toast – 10.99

### THE JUNIOR JIM HAMBURGER

When they just want bread and meat served with a side of fries! – 10.99

### ANNADELLE'S BONJOUR BABY\*

A pancake or piece of French toast with one egg any style, bacon or sausage – 10.99

## Squeeze In Sides

<b>TOAST</b> Sourdough, Wheat, English Muffin, Biscuit or Tortilla – 4.49	<b>FRENCH FRIES</b> – 5.99	<b>COTTAGE CHEESE</b> – 4.99
<b>SPUDS</b> – 5.99	<b>PARMESAN GARLIC FRIES</b> – 8.99	<b>DRESSING OR SOUR CREAM</b> – 2.49
<b>HASH BROWNS</b> – 5.99	<b>FRENCH TOAST</b> – 5.99	<b>HOLLANDAISE SAUCE</b> – 3.99
*Availability varies by location	<b>PANCAKE</b> – 5.99	<b>SALSA</b> – 2.49
<b>ROOT VEGETABLE HASH*</b> Butternut squash, parsnips, red onion and kale – 7.49 Availability varies by location	<b>2 EGGS*</b> – 5.99	<b>COUNTRY SAUSAGE GRAVY</b> – 5.99
	<b>HAM, BACON OR SAUSAGE*</b> – 6.49	<b>BLACK BEANS</b> – 3.49
	<b>FRESH FRUIT CUP</b> – 6.99	<b>½ AVOCADO</b> – 4.99

Want to bring **Squeeze In** to your area? This little restaurant impacts hundreds of thousands of lives each year. With just 7 operating hours in a day, Squeeze In is a perfect fit for families looking to establish legacy, build their community and maintain a thriving business in partnership with a breakthrough brand. Visit our website for additional info!

Check out our franchise opportunities at

[SqueezeIn.com/Franchising](https://SqueezeIn.com/Franchising)



[SqueezeIn.com](https://SqueezeIn.com)

## Squeeze In ORIGIN STORY

Nestled in the Sierra Nevada mountain town of Truckee, CA, Squeeze In first opened its doors in 1974. At just 10 feet wide and 62 feet long, guests literally have to "squeeze in" to enjoy the cozy breakfast nook that offers 'the best omelettes on the planet' alongside hearty mimosas, eclectic decor, and unforgettable charm. The little place with big personality captivated the Young family, who took the helm in 2004, and have since brought it out of the mountains, and into communities across the country. At Squeeze In, we're redefining the breakfast scene by ditching the standard brunch fare for generous servings, a kaleidoscope of choices, and an atmosphere bursting with love and liveliness. As we grow through franchising, Squeeze In continues to spread its ethos of little spaces serving big vibes across the nation, inviting families everywhere to join our breakfast revolution.

# SQUEEZE IN

Celebrating 50 Years!

est. 1974

## Best Omelettes on the Planet!

Revolutionizing Breakfast Since 1974

### WELCOME HOME

This is your place to feel right at home. At Squeeze In, our mission is simple: **Happy Guests, Happy Associates, Every Day.** Why? Because we believe everyone deserves to squeeze a little joy into their morning! We've got you—whether it's special dietary needs, modifications, or making something right if we missed the mark. You're safe here, just like family. So, from all of us to you: **Welcome Home!**

Sincerely,  
Squeeze In

### Outrageous Guarantee!

"You'll love our food or it's FREE!"

### SIGN UP FOR EGGHEAD!

Breakfast Club!

Join EGGHEAD BREAKFAST CLUB! Earn FREE food and get special hookups, exclusive offers, bonuses and more. Our Eggheads get treated like rockstars and have earned nearly \$100,000 in free food! Get yours today!

OUR GUESTS TELL US WE'RE GREAT, AND SO DO THESE MEDIA OUTLETS:

\*Warning: Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices may vary by location.

\*Warning: Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices may vary by location.  
© 2025 MenuWorks®, 864-877-7007 • PO 230520 Truckee | We Care-Menu's Featuring Antimicrobial Technology Microban® Microban® is a registered trademark of Microban Products Company



# Outta Sight OMELETTES!

All omelettes contain **4 eggs** with bottomless toast! Our unique sauces: Tomato Pesto sauce, Mushroom sauce, and Cheese sauce. Go **Gluten-Free** when you ditch the toast.

## RACY TRACY\*

The Food Network Star! This classic California omelette's got sautéed mushrooms, premium bacon, and Jack cheese tucked into a blanket of fresh eggs. Topped with avocado and served with a side of **mushroom sauce**, spuds and sourdough toast – 19.99



## NEBRASKA RAE\*

A Squeeze original...Premium bacon, tomatoes and cream cheese. Topped with avocado and served with a side of **tomato pesto sauce**, spuds and sourdough toast – 19.99

## THE GARDEN PARTY\* V

Greens just wanna have fun...Vegan sausage, zucchini, mushrooms, tomatoes, broccoli and onions, all topped with Jack and cheddar cheese. Served with a side of **tomato pesto sauce**, spuds and sourdough toast – 19.99

**Pro Tip:** Top it with avocado! – 3.99

## LAKE TACO\*

Let's taco bout it...Chorizo sautéed with red onions, tomatoes and bell peppers with Jack cheese. Served with sour cream, jalapeños, our house pico de gallo, a side of **cheese sauce**, spuds and sourdough toast – 19.99

**Pro Tip:** Top it with avocado! – 3.99

## THE POPEYE\* V

Strong to the finish 'cuz I eats me spinach! Fresh spinach, mushrooms and Jack cheese. Served with a side of **mushroom sauce**, spuds and sourdough toast – 19.99

## JEREMIAH\* V

Was a bullfrog...Fresh mushrooms, sautéed white onions and tomatoes with Jack cheese. Topped with avocado and served with a side of **mushroom sauce**, spuds and sourdough toast – 19.99

**Pro Tip:** Add your choice of protein!

## MEDITERRANEAN MAGIC\*

Feta than ever...Fresh red bell pepper, grilled red onions, spinach, sausage, pesto and feta. Served a side of **tomato pesto sauce**, spuds and sourdough toast – 19.99

## THE SPANISH FLAY\*

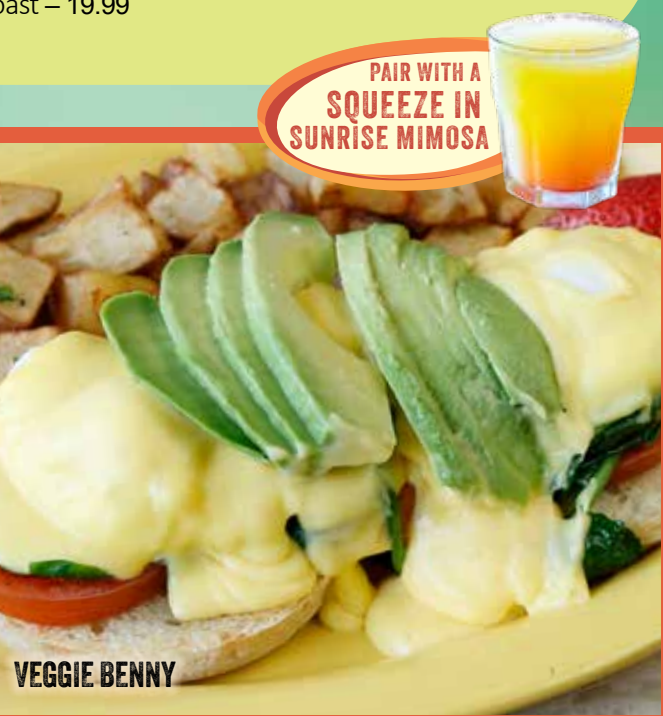
Our tribute to Bobby Flay!...Diced red bell peppers, potatoes, chorizo, smoked paprika, butter, Jack cheese and parsley-sprinkled eggs. Served with a side of **tomato pesto sauce**, spuds and sourdough toast – 19.99

## DOWNRIGHT DENVER\*

A Colorado Classic...Sautéed white onions, tomatoes, bell peppers, ham and cheddar cheese. Served with a side of **cheese sauce**, spuds and sourdough toast – 19.99

## BUST-A-MOVE\*

You want it, you got it! Fresh spinach, onion, mushrooms, sausage and both Jack and cheddar cheese. Served with a side of **tomato pesto sauce**, spuds and sourdough toast – 19.99



VEGGIE BENNY

# Friends with BENNYS

All benedicts are made with **3 poached eggs** on an English muffin and smothered with hollandaise sauce!

## BRING HOME THE BACON\*

We brought it home... Premium bacon, topped with avocado. Served with a side of spuds – 19.99

## EMERIE'S TRADITIONAL EGG'S BENEDICT\*

I'm still Benny from the block. Classic Canadian Bacon Benedict. Served with a side of spuds – 18.99

**Pro Tip:** Top it with avocado – 3.99

## VEGGIE BENNY\*

A fresh take on the classic. Vegan sausage, spinach and grilled tomato, topped with avocado – 19.99

## THE CHIPOTLE HUSTLE\*

Everyday we're hustlin' English muffin topped with Spanish chorizo and chipotle hollandaise. Served with a side of spuds – 19.99

**Pro Tip:** Add avocado – 3.99

# The Usual SUSPECTS

## MANLY MIKE MEAL\*

Lookin' at you, handsome...2 eggs cooked however you'd like, your choice of **protein** AND a half order of biscuits and gravy. Served with a side of spuds and sourdough toast – 19.49

## MINI MIKE MEAL

The "Manly" but without the biscuits and gravy\* – 17.49

## MANLY MIKE MEAL



## TROY'S TWICE BAKE SCRAMBLE\*

When once isn't enough! Premium bacon joins fresh green onions, our signature spuds and melted cheddar cheese scrambled in fluffy eggs. Served with a fresh fruit cup and sourdough toast! – 18.99

**Pro Tip:** Add avocado – 3.99

## THE GARTH BREAKFAST SANDWICH\*

Excellent...A classic breakfast sandwich served on our signature thick **garlic cheese toast**, layered with fluffy scrambled eggs, melted cheddar cheese and your choice of **protein**. Served with a side of spuds – 16.49

**Pro Tip:** Add avocado and tomato! – 5.49



THE GARTH BREAKFAST SANDWICH

MANGO  
TAJÍN  
MIMOSA

GET BUBBLY WITH  
YOUR BUDDIES, UPGRADE  
TO A MIMOSA PITCHER



ERIC'S BREAKFAST BURRITO\*

## ERIC'S BREAKFAST BURRITO\*

The original! A jumbo flour tortilla wrapped around scrambled eggs, Jack cheese, red salsa, avocado and your choice of **protein**. Served with a side of our house pico de gallo, sour cream and a generous side of spuds! – 18.99

## BRO'S BISCUITS & GRAVY PLATE\*

Bro's secret recipe...Big, home-baked biscuits smothered in signature country sausage gravy, 2 eggs any style and your choice of **protein** – 14.99

## HUEVOS MONTANA\* V

The Squeeze spin on a ranchero... Gluten-free corn tortilla heaped with black beans, layered with Jack cheese, 2 eggs any style, smothered in red salsa, topped with our house pico de gallo, avocado and Cotija. Served with a side of spuds – 17.99

## CLASSIC CHICKEN FRIED STEAK\*

You know what it is...A breaded beef steak smothered in our signature country sausage gravy, accompanied by 2 eggs any style, a side of spuds and sourdough toast – 18.99

## LOADED AVOCADO TOAST\*

Because basic toast just won't cut it. 2 slices of sourdough bread topped with a whole avocado, cucumber, bacon, grilled tomato and feta. Served with a side of spuds – 18.99

**Load 'em up! Get fully loaded with 2 eggs – 4.99**



CINNAMON ROLLS

## CINNAMON ROLLS

Baked in-house daily! The perfect sweet treat for before (or after) your brunch! Two mini-cinnamon buns, drizzled with our homemade icing – 10.99

## CHOOSE YOUR PROTEINS

- PREMIUM BACON
- SAUSAGE LINKS
- TURKEY SAUSAGE
- PREMIUM HAM
- CANADIAN BACON
- GROUND CHORIZO
- CARNE ASADA
- DELI-SLICED TURKEY BREAST
- GRILLED CHICKEN BREAST
- VEGAN BREAKFAST SAUSAGE
- TOFU

\*Warning: Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices may vary by location.

# Fabulous FRENCH TOAST



THE QUEEN\*

## THE QUEEN\* V

Fit for royalty, personally inspired by Food Network chef David Adjei! Our signature **brioche** French toast stuffed with cream cheese and topped with strawberries and bananas – 19.99

## VIOLET'S FRENCH TOAST PLATE\*

Our signature **brioche** French toast served with your choice of 2 eggs any style and your choice of **protein** – 17.99

**Pro Tip:** Royally upgrade your French toast to be stuffed with cream cheese and topped with strawberries and bananas – 3.99

BETTER WITH  
A SQUEEZE  
SEABREEZE

# A Fresh START

## KAY & SHI'S SUPERFOOD SCRAMBLE\* V

The Squeeze In sisters always have your back. Egg whites, spinach, broccoli, red bell peppers and zucchini, all scrambled up and served with a fruit cup and dry sourdough toast! – 19.99

**Pro Tip:** Add pesto and turkey sausage – 4.99



KAY & SHI'S SUPERFOOD SCRAMBLE

# Poppin' PANCAKES

## JACK JOHNSON BANANA WALNUT PANCAKES\*

Always better with friends, get these for the table!



## JACK JOHNSON BANANA WALNUT PANCAKES\* V

Pretend like it's the weekend... Our fluffy buttermilk pancakes with toasted walnuts cooked right into the batter, then topped with bananas sautéed in our signature honey butter sauce! – 16.99

## PRINCE'S PANCAKE PLATE\*

2 fluffy buttermilk pancakes served with 2 eggs any style and your choice of **protein** – 17.49

**Pro Tip:** Make your pancakes "Jack Johnson" style by adding toasted walnuts and our signature Jack Johnson Banana Butter Sauce – 3.99

## LA VIDA VEGANA BURRITO\* V VG

Vegan and vibin'!...A flour tortilla stuffed with vegan sausage, avocado, zucchini, bell peppers and mushrooms. Served with housemade pico de gallo and a side of spuds – 18.99

## SOUTHWEST VEGAN BOWL\* V

Chef Misty's masterpiece. Our famous home fried spuds tossed with your choice of **protein**, broccoli, onions, spinach, mushrooms, tomatoes and black beans. Served with pico de gallo on the side! – 18.49

## ROOT VEGGIE BREAKFAST BOWL\* V

Rooting for you, one bite at a time! Root vegetable hash, green onions, zucchini, green bell peppers, spinach and your choice of **protein** and topped with 2 eggs any style – 19.49



ROOT VEGGIE BREAKFAST BOWL

\*Warning: Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices may vary by location.

\*Warning: Consuming raw or undercooked foods such as meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. Prices may vary by location.

VEGETARIAN V VEGAN VG GLUTEN FREE

VEGETARIAN V VEGAN VG GLUTEN FREE